

# TEAM USA TAEKWONDO FITNESS

Presents

## ULTIMATE TKD CHALLENGE

SATURDAY, April 25, 2020

**HOVNANIAN SCHOOL**

817 River Road, New Milford, NJ 07646

January 2, 2020

Dear GM. Masters, Instructors, Students and Parents,

It is my pleasure to invite you to participate in the *Ultimate Taekwon-Do Challenge* presented by Team USA Taekwondo Fitness. Please note that this event will be held at the *HOVNANIAN SCHOOL*, in New Milford, New Jersey on Saturday, April 25, 2020. As always, this event gives every competitor a forum to show his/her spirit, enthusiasm and love of Taekwon-Do. The tournament will feature: Matted Rings, Custom Medals and prizes. Please join us in this friendly spirited competition.

The *Ultimate Taekwon-do Challenge* will consist of individual Sparring, individual Pattern and Junior Team Patterns. Additionally, we will have breaking at this tournament in limited divisions. Please note that breaking will be limited to junior competitors. The breaking divisions will be Ages 6-8, 9-11, 12-14 and 15-17 all belts. Team Patterns will consist of junior color belts only. For team pattern, each school is limited to one Team. The designated ***Team Pattern is Won-Hyo***.

On Saturday, April 25, 2020, competitors should arrive before 8:30 am to pick-up their credentials. Umpires & coaches meeting will be held at 8:30. The competition begins promptly at 9:00 am. (***Pre-registration Only- Register online at Teamusatkd.com***) Please allow a sufficient amount of time for travel and to pick up your registration packets. If you have any questions, please call me at (201) 947-8994 or e-mail me at [teamusatkd1@gmail.com](mailto:teamusatkd1@gmail.com).

Please check [Hotel.com](http://Hotel.com) for reasonable hotel accommodations. The closest hotels are: ***The Crowne Plaza Englewood located at 401 S Van Brunt St Englewood, NJ, 07631*** and ***Clinton Inn Hotel & Event Center located at 145 Dean Drive, Tenafly, NJ, 07670***. We look forward to seeing you at our *Ultimate Taekwondo Challenge* and we wish all of the competitors the best of luck. We look forward to seeing our local and international friends.

Sincerely,

Master Alvin Bernard

# ULTIMATE TAEKWON-DO CHALLENGE

**SATURDAY, APRIL 25, 2020**

**Hovnanian School  
817 River Road, New Milford, New Jersey 07646**

**8:00 a.m. Competitors Checking-in  
9:00 a.m. Opening Ceremony**

**Medals for 1st, 2nd and 3rd place.**

## **ORDER OF EVENTS**

Team Pattern  
Individual Pattern  
Breaking  
Individual Sparring

## **ENTRY FEES**

Individual \$75.00 for 1 or 2 events register by 4/11/20 \*

\*(**\$95.00** for 1 or 2 events 4/12/20 thru 4/18/20)

Additional \$10 for 3rd event

Team Pattern Competition \$65.00

Spectators \$6.00(online) \$10 (at the door)

**Register online at: [teamusatkd.com](http://teamusatkd.com)**

**COMPETITORS MUST PRE-REGISTER ONLINE BY April 18, 2020**

# ULTIMATE TAEKWON-DO CHALLENGE

## MANDATORY EQUIPMENT

Safety Kicks, Gloves, Headgear,  
Mouthpieces, Cups for males

**\* Equipment must be ITF approved or similar \***

## WEIGHT DIVISIONS

### JUNIOR (MALE)

Micro: Up to 110lb  
Light: 111lb-123.2lbs  
Middle: 124 - 136.4lbs  
Light Heavy: 137 - 149.6lbs  
Heavy: 150 - 165)lbs  
Hyper: over 166lbs

### JUNIOR (FEMALE)

Micro: Up to 99lb  
Light: 100 - 110lb  
Middle: 110 - 121lb  
Light Heavy: 122 - 132lb  
Heavy: 133- 143lb  
Hyper: Over 144lbs

### BLACK BELTS MEN (18 - 34 years old)

Micro up to 124.4 lbs  
Light 125lbs-138.6Lbs  
Middle 139lbs-154.0lbs  
Light Heavy 154-171.6lbs  
Heavy 172lbs-187.0lbs  
Hyper 187lbs and over

### BLACK BELT WOMEN (18 - 34 years old)

Light - up to 114 lbs.  
Middle 115lbs-139lbs  
Heavy 140lbs and over

### BLACK BELT SENIOR Men (35years & up)

Light 160 lbs and under  
Heavy 160 lbs and up

### BLACK BELT SENIOR Women (35 & up)

One division

**\*\*The tournament Director reserve the right to open, combine or close a division\*\***

# ULTIMATE TAEKWON-DO CHALLENGE

## BOARD BREAKING

### DIVISIONS

#### **BOYS/GIRLS (6 -8 years old)**

Beginners (White / Green Stripe)  
Intermediate (Green / Red Stripe)  
Advanced (Red / Black)

#### **BOYS/GIRLS (9 - 11 years old)**

Beginners (White / Green Stripe)  
Intermediate (Green / Red Stripe)  
Advanced (Red/Black Stripe)  
Black Belts

#### **JUNIORS BOYS/GIRLS (12-14 years old)**

Beginners (White / Green Stripe)  
Intermediate (Green / Red Stripe)  
Advance (Red /Black Stripe)  
Black Belts

#### **JUNIORS BOYS/GIRLS (15-17 years old)**

Beginners (White / Green Stripe)  
Intermediate (Green / Red Stripe)  
Advance (Red /Black Stripe)  
Black Belts

### RULES

- ★ All competitors must use *Tournament approved breaking boards*. Tournament approved boards should be purchased at the venue prior to the breaking competition to ensure fair competition for all competitors.
- ★ Limited to the above 4 divisions
- ★ One minute to setup
- ★ Maximum 3 stations
- ★ Maximum 3 tries
- ★ After 3<sup>rd</sup> unsuccessful attempts - must move to next station
- ★ Competitors must provide their own broad-holders
- ★ Clock begins as soon as the competitor steps onto competition area
- ★ Only board breaking will be allowed – No bricks, glass or other objects
- ★ Competitors are advised to protect spectators and the floor from damage during breaking routine

### SCORING

- ★ Scoring will be based on the level of difficulty on the techniques, the number of boards broken at one time, the accuracy of the breaks, the flow of the routine, and the competitor's show of power, speed, creativity and style. All boards must be broken completely. Cracked, rotted or tampered wood will not be counted in scoring.
- ★ Judges will score from 5.0 (lowest) to 10.0 (highest)

**\*\*The tournament Director reserve the right to open, combine or close a division\*\***

# ULTIMATE TAEKWON-DO CHALLENGE

## Individual Pattern-Breakdown

<p><b>MITES BOYS/GIRLS (5 and under)</b>          Beginners (White / Green Stripe)          Intermediate (Green/Red Stripe)          Advanced (Red/ Black Stripe)</p> <p><b>MINI PEEWEE BOYS/GIRLS (6 -7 years old)</b>          Beginners (White / Green Stripe)          Intermediate (Green / Red Stripe)          Advanced (Red / Black)</p> <p><b>PEEWEE BOYS/GIRLS (8 - 9 years old)</b>          Beginners (White / Green Stripe)          Intermediate (Green / Red Stripe)          Advanced (Red/Black Stripe)          Black Belts</p> <p><b>SUPER PEEWEE BOYS/GIRLS (10 - 11 years old)</b>          Beginners (White / Green Stripe)          Intermediate (Green / Red Stripe)          Advance (Red /Black Stripe)          Black Belts</p>	<p><b>JUNIORS BOYS/GIRLS (12-13 years old)</b>          Beginners (White / Green Stripe)          Intermediate (Green / Red Stripe)          Advance (Red /Black Stripe)          Black Belts</p> <p><b>JUNIORS BOYS/GIRLS (14-15 years old)</b>          Beginners (White / Green Stripe)          Intermediate (Green / Red Stripe)          Advance (Red /Black Stripe)          Black Belts</p> <p><b>JUNIORS BOYS/GIRLS (16-17 years old)</b>          Beginners (White / Green Stripe)          Intermediate (Green / Red Stripe)          Advance (Red /Black Stripe)          Black Belts</p>
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<p><b><u>MEN (18 - 34 years old)</u></b>          Beginners (White / Green Stripe)          Intermediate (Green / Red Stripe)          Advance (Red / Black Stripe)</p> <p><b><u>SENIOR MENS (35 Years &amp; up)</u></b>          Beginners (White / Blue Stripe)          Advance (Blue / Black Stripe)</p>	<p><b><u>WOMEN (18 - 34 years old)</u></b>          Beginners (White / Green Stripe)          Intermediate (Green / Red Stripe)          Advance (Red / Black Stripe)</p> <p><b><u>SENIOR WOMEN (35 Years &amp; up)</u></b>          Beginners (White / Blue Stripe)          Advance (Blue / Black Stripe)</p>
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<p><b><u>BLACK BELTS MEN (18 - 34 years old)</u></b>          I Dan          II Dan          III Dan          IV Dan</p> <p><b><u>BLACK BELTS SENIOR Men (35 &amp; up)</u></b>          One Division</p>	<p><b><u>BLACK BELT WOMEN (18 - 34 years old)</u></b>          I-II Dan          III-IV Dan</p> <p><b><u>BLACK BELTS SENIOR Women (35 &amp; up)</u></b>          One Division</p>
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# ULTIMATE TAEKWON-DO CHALLENGE

## Individual Sparring-Breakdown

**MITES BOYS/GIRLS (5 and under)**

Beginners (White /Green Stripe)  
Intermediate (Green/Red Stripe)  
Advanced (Red/ Black Stripe)

<p><b><u>MINI PEEWEE BOYS (6 - 7 years old)</u></b> Beginners (White / Green Stripe) Intermediate (Green / Red Stripe) Advanced (Red / Black Stripe)</p> <p><b><u>PEEWEE BOYS (8 - 9 years old)</u></b> Beginners (White / Green Stripe) Intermediate (Green / Red Stripe) Advanced (Red/Black Stripe) Black Belts</p> <p><b><u>SUPER PEEWEE BOYS (10 - 11 years old)</u></b> Beginners (White / Green Stripe) Intermediate (Green / Red Stripe) Advance (Red /Black Stripe) Black Belts</p> <p><b><u>JUNIORS (12 - 13 years old)</u></b> Beginners (White / Green Stripe) Intermediate (Green / Red Stripe) Advance (Red /Black Stripe) Black Belts</p> <p><b><u>SUPER JUNIORS (14-15 years old)</u></b> Beginners (White / Green Stripe) Intermediate (Green / Red Stripe) Advance (Red /Black Stripe) Black Belts</p> <p><b><u>SUPER JUNIORS (16-17 years old)</u></b> Beginners (White / Green Stripe) Intermediate (Green / Red Stripe) Advance (Red /Black Stripe) Black Belts</p>	<p><b><u>MINI PEEWEE GIRLS (6 - 7 years old)</u></b> Beginners (White / Green Stripe) Intermediate (Green / Red Stripe) Advanced (Red / Black Stripe)</p> <p><b><u>PEEWEE GIRLS (8 - 9 years old)</u></b> Beginners (White / Green Stripe) Intermediate (Green / Red Stripe) Advanced (Red/Black Stripe) Black Belts</p> <p><b><u>SUPER PEEWEE GIRLS (10 - 11 years old)</u></b> Beginners (White / Green Stripe) Intermediate (Green / Red Stripe) Advance (Red /Black Stripe) Black Belts</p> <p><b><u>JUNIORS GIRLS (12 - 13 years old)</u></b> Beginners (White / Green Stripe) Intermediate (Green / Red Stripe) Advance (Red /Black Stripe) Black Belts</p> <p><b><u>SUPER GIRLS (14-15 years old)</u></b> Beginners (White / Green Stripe) Intermediate (Green / Red Stripe) Advance (Red /Black Stripe) Black Belts</p> <p><b><u>SUPER GIRLS (16-17 years old)</u></b> Beginners (White / Green Stripe) Intermediate (Green / Red Stripe) Advance (Red /Black Stripe) Black Belts</p>
<p><b><u>MEN (18 - 34 years old)</u></b> Beginners (White / Green Stripe) Intermediate (Green / Red Stripe) Advance (Red / Black Stripe)</p> <p><b><u>SENIOR MEN (35 Years &amp; up)</u></b> Beginners (White / Blue Stripe) Advance (Blue / Black Stripe)</p>	<p><b><u>SENIOR WOMEN (35 Years &amp; up)</u></b> Beginners (white / Blue Stripe) Advance (Blue / Black Stripe)</p> <p><b><u>WOMEN (17 - 34 years old)</u></b> Beginners (White / Green Stripe) Intermediate (Green / Red Stripe) Advance (Red / Black Stripe)</p>

\*\*\*The Tournament Director reserve the right to open, combine or close a division\*\*\*

# ULTIMATE TAEKWON-DO CHALLENGE

## INDIVIDUAL REGISTRATION FORM

**REGISTER ONLINE AT: [www.teamusatkd.com](http://www.teamusatkd.com) \*\* NO DOOR REGISTRATION! \*\***

*Typed or printed in block letters only. All information is required.*

### Competitor Information

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: M F  
School Name: \_\_\_\_\_ Instructor: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Belt Color \_\_\_\_\_ Rank \_\_\_\_\_  
Weight: \_\_\_\_\_ lbs. Height: \_\_\_\_\_ ft \_\_\_\_\_ in

**PLEASE CHECK ALL APPROPRIATE SPACES.**

**EVENTS:** \_\_\_\_\_ Individual Pattern \_\_\_\_\_ Breaking  
\_\_\_\_\_ Individual Sparring

1 OR 2 EVENTS \$75.00. (**\$95 after 4/11/20**)

ADDITIONAL \$10 FOR 3<sup>rd</sup> EVENT

Total Events: \_\_\_\_\_ Total Amount Due: \$ \_\_\_\_\_

**PRE-REGISTRATION DEADLINE: Saturday, April 18, 2020**

### PAYMENT INFORMATION

MAKE CASHIER'S CHECK OR MONEY ORDER PAYABLE TO: "Team USA TKD Fitness"

SEND PAYMENTS TO: Team USA TKD Fitness, 1580-2 Lemoine Ave., Fort Lee, NJ 07024

(PLEASE CHECK ONE)

CASH \_\_\_\_\_ MONEY ORDER / CASHIER'S CHECK (NO PERSONAL CHECKS) \_\_\_\_\_ CREDIT CARD \_\_\_\_\_  
(online registration only at [teamusatkd.com](http://teamusatkd.com))

VISA ( ) MASTERCARD ( ) DISCOVER ( ) ACCOUNT NO.: \_\_\_\_\_ EXP. DATE: \_\_\_\_/\_\_\_\_/\_\_\_\_

CARDHOLDER'S ADDRESS & TEL. #: (MUST INCLUDE ZIP CODE)

\_\_\_\_\_

\_\_\_\_\_

CARDHOLDER'S NAME (PRINT) \_\_\_\_\_

ZIP CODE \_\_\_\_\_

SIGNATURE DATE \_\_\_\_\_

### FORMS RETURN CHECK LISTING:

\_\_\_\_\_ PAYMENT  
\_\_\_\_\_ REGISTRATION FORMS  
\_\_\_\_\_ SIGNED RELEASE FORM

**\*\*\* SORRY. NO REFUNDS, TRANSFERS AND/OR CREDITS CAN BE MADE UNDER ANY CIRCUMSTANCES \*\*\***

# ULTIMATE TAEKWON-DO CHALLENGE

## TEAM REGISTRATION

Application deadline: April 18, 2020

Entry fee is \$65.00

All checks must be in U.S. funds to "Team USA TKD Fitness"

There will be no registration the day of the tournament

*Typed or printed in block letters only*

**"Please return this form to your instructor"**

School Name: \_\_\_\_\_

Instructor Name: \_\_\_\_\_

Date: \_\_\_\_\_

NAME	RANK	AGE

**PLEASE CHECK ALL APPROPRIATE SPACES.**

**\*\*\*EVENTS\*\*\***

\_\_\_\_\_ Pattern

\_\_\_\_\_ Sparring

Team Name: \_\_\_\_\_

Captain: \_\_\_\_\_



# ULTIMATE TAEKWON-DO CHALLENGE

## REFEREE AND JUDGES REGISTRATION FORM

*Typed or print in block letters only.*

School Name: \_\_\_\_\_

Instructor Name: \_\_\_\_\_ Date: \_\_\_\_\_

Complete Name	Age	Belt	Dan	Class

**NOTE:**  
***“PLEASE, ALL REFEREES AND JUDGES WEAR YOUR RESPECTIVE WHITE SHIRT, A SOLID ONE COLOR, DARK BLUE TIE, AND DARK BLUE PANTS OR ITF DO-BOK.”***

**MUST BE COMPLETED BY ALL PARTICIPANTS**  
**ULTIMATE**  
**TAEKWON-DO CHALLENGE**

**THIS IS A RELEASE**

**INSTRUCTIONS**

1. Applicants age 18 and over, complete part "A" only.
2. Applicants under age 18 must have a parent or guardian complete parts "A" and "B".
3. All places MARKED X must be signed.

**PART "A" WAIVER & RELEASE FROM LIABILITY**

I, the undersigned, am in full understanding that the breakdown of the division and class is necessary and inevitable for the safety of all athletes. And the undersigned further agrees that the possibility of having no match or contest is not the responsibility of the host, director, officials, sponsors and/or promoters and thereby the athlete, coach, trainer, parents, sponsors and all promoters of the athlete waive any right to claim any and all refunds or injury as a result of no match or no contest. **(Initial)** \_\_\_\_\_

1. **HEREBY RELEASES, WAIVES, DISCHARGES, AND COVENANTS NOT TO SUE THE "Ultimate TKD Challenge", Greek Orthodox Cathedral, AB TKD Inc., Team USA TKD Fitness**, operators, officials, sponsors, other participants, advertisers, owners and lessees of premises used to conduct the event and each of them, their officers and employees, all for the purposes herein referred to as "releases" from all liability to the undersigned, his personal representatives, assigns, heirs, and next of kin for any and all damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the releases or otherwise while the undersigned is in or upon the resurrected area, competing, officiating in, observing, or working for, or for any purpose participating in the event.
2. **HEREBY AGREES TO IDEMNIFY AND SAVE AND HOLD HARMLESS** the releases and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned in or observing, or working for, or for any purpose participating in the event and whether caused by the negligence of the releases or otherwise.
3. **HEREBY ASSUMES FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE** due to the negligence of releases or observing, or working for or for any purpose participating in the event.
4. **EACH OF THE UNDERSIGNED** expressly acknowledges and agrees that the activities at the event and involve the risk of serious injury and/or death and/or property damage. EACH OF THE UNDERSIGNED further expressly agrees that the foregoing release, waiver, and indemnity agreement is intended to be as broad and inclusive as any portion thereof is held invalid, it is agreed that the balance shall; notwithstanding, continue in full legal force and effect.
5. I hereby irrevocably authorize Team USA Taekwon-do Fitness permission to use my likeness, or the likeness of my child, in a photograph and or video in any and all of its publications, advertisements, websites, or media. The undersigned releases and waives, without limitation, any and all claims for compensation, damages, or other claims of any kind whatsoever, related to the aforementioned use

**THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT**, and further agrees that no oral representations, statements or inducement apart from the foregoing written agreement have been made.

This waiver, release and indemnification agreement specially embraces each and every event authorized or promoted by said releases during the entire season to each and every event, or activity herein above mentioned, parties herein intended to be released and indemnified shall be fully effectively released and indemnified as to each and every event herein above described.

Name of Athlete: \_\_\_\_\_  
Signed: **X** \_\_\_\_\_ Dated: \_\_\_\_\_  
Witness: \_\_\_\_\_ Dated: \_\_\_\_\_

**PART "B"--PARENT/GUARDIAN WAIVER – RELEASE FROM LIABILITY**

PARENT/GUARDIAN WAIVER: RELEASE FROM LIABILITY (If the applicant is under 18 years of age, the parent(s) or guardian(s) must execute in addition to the above, this following waiver)

The undersigned \_\_\_\_\_ referred to as the parent(s) and natural guardian(s) or legal  
PRINT PARENT(S) OR GUARDIAN(S) NAME  
parents of \_\_\_\_\_, does thereby represent that he/she (they) is (are), in fact, acting in such capacity  
PRINT APPLICANT'S (CHILD'S) NAME  
and to save and hold harmless and indemnify each and all of the parties herein referred to above as releases from all liability, loss, cost, claim or damage whatsoever may be imposed upon said releases because of any defect in or lack such capacity to so act and release said releases on behalf of both of the undersigned.

**X** \_\_\_\_\_ Relationship to Minor  
Parent's (Guardian's) Signature  
**X** \_\_\_\_\_ Relationship to Minor  
Parent's (Guardian's) Signature